

S4K BREAKFAST & HOME CLUBS

AT NEWLANDS PRIMARY SCHOOL

S4K



BREAKFAST CLUBS
7:45AM – 8:30AM

S4K Breakfast Club provides children with a healthy and nutritious breakfast, as well as giving children the chance to be physically active before the start of the school day.

Research shows that early morning exercise can help children with learning and concentration. S4K coaches will ensure children have fun with their friends and start their day **The S4K Way!**



HOME CLUBS
3:15PM – 6:00PM

S4K Home Club is an extension of the school day, aimed at supporting working parents, but also to giving children the chance to enjoy physical and mental well-being activities.

Every day is different, supported by S4K coaches teaching sports and fun physical games to children, mixed with activities designed to help children relax and unwind. Each child is also provided with a nutritional snack at our home clubs!

25%
OFF

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