

Newlands Primary School

Head of School: Mrs. Diane Martin
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Key Dates:

October 2024

7th **INSET Day** - school closed to children

8th Bikeability, Y6

24th Discos

25th Break up for half term at 3.10pm

November 2024

4th Children return to school

15th Bags 2 Schools

25th **INSET Day** - school closed to children

December 2024

13th Flu vaccinations

20th Break up for Christmas at 1.30pm

January 2025

6th Children return to school

February 2025

14th Break up for half term at 3.10pm

24th Children return to school

Helping Hands

As you will be aware, it is becoming increasingly more difficult to sustain school environments as we would wish them to be. Part of my vision for Newlands and its pupils is to ensure the opportunities available for all children are as inviting and useable as possible. I am sure within the parent community we have a range of skill sets and am asking, if you are able to share your expertise and a little time at points throughout the year please do let the school office know so we can add you to our list of willing

volunteers! Many thanks.



Dear Parents and Carers,

It has been lovely to have the Year 6 children back with the whole school community, following their residential to Calshot. They have been sharing their stories about the fantastic opportunities available to them. What an achievement for so many of them and resilience shown for some of the activities. Memories that will stay with them forever. Thank you to our amazing staff; Miss Till, Miss Thompson and Mrs Butcher for their time and patience, ensuring each child overcame their fears and challenged themselves to gain the most from their time at Calshot. We hope the Year 6 parents will join us for an assembly on Thursday 24th October at 2:30pm.

This week, whilst continuing with our assembly theme of 'Belonging', we have been reflecting on how, as a school community we can work together to support the local community. This Harvest time, the school will be supporting the Yateley Food Pantry. The children will be able to find out more about this on Monday 14th October as they share the Harvest we have collected.

Throughout the school day, it has been a pleasure to be able to share the children's learning with them. During celebration assembly each week, one child from the class is nominated by their class teacher, who has modelled exceptional manners or produced amazing work. I enjoy spending time at the Head teacher's 'Tea Party' listening to the children's enthusiasm for their learning and about life at Newlands.

Have a lovely weekend, we look forward to seeing you on Tuesday 8th October.

Mrs Martin and the team at Newlands.



World Mental Health Day

Thursday 10th October 2024

Every year, thousands of schools, companies and communities come together to make World Mental Health Day that little bit brighter by wearing something yellow. Right now, the world can be a really tough place for children and young people to grow up in. We want young people to know that they don't have to go through this alone. Things can get better.

This World Mental Health Day, we invite the children of Newlands Primary to wear something yellow with thousands of others across the UK to raise awareness and let young people know that they're not alone with their mental health. This can be something as simple as a hair tie, wristband, t-shirt or yellow socks! We look forward the children brightening up our day.

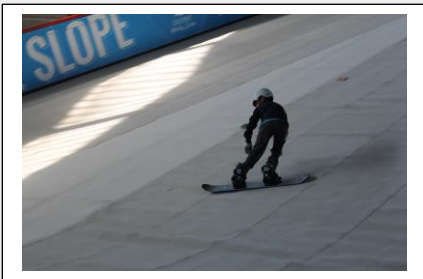
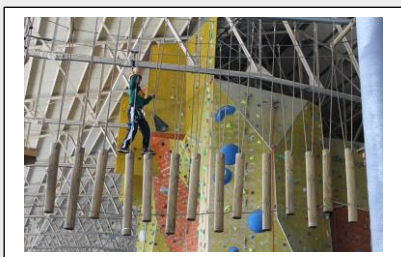
Because we stand brighter, together.

Parents Evening – Monday 14th and Wednesday 16th October

I look forward to welcoming you to view your child’s work and chat with their teacher at our upcoming parent evenings. As you venture through the school atrium, tea and coffee will be available and the opportunity to chat with a school governor and hear about their role within the school community. I will also be available - please do come and say hello.

Stars of the Week – 27.9.24 + 4.10.24

- Chestnut class – Arthur and Lena
- Willow class – Josh, Harrison, Annabelle and Jake
- Oak class – Alex, Arthur, Alana and Oliver
- Silver Birch class – Liam, Ellis, Edie and Amber
- Maple class – Brooke, Oliver, Christopher and Faye
- Beech class – George, Ellis, Hadley and Peter
- Rowan class – Adam, Charli, Noah and Aya



Year 6 and Year 2



Optimistic October 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1. Write down three things you can look forward to this month.	2. Find something to be optimistic about (even if it's a difficult time).	3. Take a small step towards a goal that really matters to you.	4. Start your day with the most important thing on your to-do list.	5. Be a realistic optimist. See life as it is, but focus on what's good.	6. Remind yourself that things can change for the better.	
7. Look for the good in people around you today.	8. Make some progress on a project or task you have been avoiding.	9. Share an important goal with someone you trust.	10. Take time to reflect on what you have accomplished recently.	11. Avoid blaming yourself or others. Find a helpful way forward.	12. Look out for positive news and reasons to be cheerful today.	13. Ask for help to tackle a task you've put off for some time.
14. Do something constructive to improve a difficult situation.	15. Thank yourself for achieving the things you often take for granted.	16. Put down your to-do list and do something fun or uplifting.	17. Take a small step towards a positive change you want to see in society.	18. Set hopeful but realistic goals for the days ahead.	19. Identify one of your positive qualities that will be helpful in the future.	20. Find joy in tackling a task you've put off for some time.
21. Let go of the expectations of others and focus on what matters to you.	22. Share a hopeful quote, picture or video with a friend or colleague.	23. Recognise that you have a choice about what to prioritise.	24. Write down three specific things that have gone well recently.	25. You can't do everything! What are your three priorities right now?	26. Find a new perspective on a problem you face.	27. Be kind to yourself today. Remember, progress takes time.
28. Ask yourself, will this still matter a year from now?	29. Plan a fun or exciting activity to look forward to.	30. Identify three things that give you hope for the future.	31. Set a goal that brings a sense of purpose for the coming month.			

ACTION FOR HAPPINESS **Happier · Kinder · Together**

It can be hard to stay hopeful with all the challenges in our lives, Optimistic October is a great way to brighten these gloomy autumn days!

Our Actions can make a difference

Happiness is something we do. We can change how we feel by taking small daily actions at home, at school, at work and in wider society.

Let's take action to create a happier and kinder world, together.